

WEEKLY GROUP MODULES

Kick Off & Building self-awareness

1

Knowing self before leading others is essential. In this intensive module you will build your self-awareness in relation to your unique personality traits. You will understand your behaviours and those of others better.

Becoming effective leader

2

You will uncover your personal values, needs and beliefs and how these match to your preferred leadership style. You will deepen your EQ and learn how to manage constant pressure and stress.

Applying modern leadership

3

You will gain buy-in and experience success at a faster rate by applying effective communication, setting SMART goals, and by matching your leadership styles to the needs of others.

Empowering others

4

In this module you will explore your own vulnerability that will help you build trust, you will practice active listening, influential conversations, and learn to let go of control.

Leading change, leading in crisis and Final Review

5

After this final module, you will be equipped with tools and strategies to navigate through turbulent times and gain trust in your abilities to lead constant change with confidence and ease.

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